

M M A T E R N A L B B L I S S

My husband and I were blessed with Emma at the end of July 2021. From the start Emma showed a strong sense of character and to be determined baby girl. We lived in city where we didn't have any family and therefore followed the advice of medical professionals. Unfortunately, that created some very bad habits. Emma could only sleep if she was on top of me or walking around outside in a newborn baby carrier and she was not eating properly. Emma was always upset and we couldn't tell if she was hungry, sleepy, or wanted to play. I had asked my aunt for advice and without hesitation she told me that I needed to reach out to Simona. She was the best thing I brought into Emma's life. Simona came to us when Emma was 11 weeks old and from the first evening's results I was blown away. She had Emma sleeping in her own crib for 12 hours with only one dream feed before midnight. Not only does she know what she is doing, she has a very gentle yet firm approach, but she customises her approach based on your baby's rhythms. Simona has a wealth of knowledge to share with new parents. Simona really is the full package and not to mention a very strong work ethic. We were so stressed and exhausted before Simona came. More than anything I felt lost. To have found someone like Simona who has a heart of gold, thoughtful, dependable and who knows what they are doing (and are amazing with the babies...we now consider her Auntie Simona) is simply the most amazing thing. We were able to get our Emma on an amazing schedule. After Simona left, she remained available if I had any questions or concerns or if Emma had started doing something new and I didn't know what to do.

We feel so blessed that we found her! And I simply cannot recommend her highly enough.

Katy Gian & Emma
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