

M M A T E R N A L B B L I S S

We employed Simona Arneodo to sleep train our baby girl when she was 8 week old.

Before Simona came to help us, our daughter would not be put down during the day, did not have a day time routine and also took very little milk. We were exhausted and had no idea how to tackle the issue

Within 3 days Simona successfully had her taking more milk, had implemented a day time routine and had her sleeping from through the night until 7.30/8am.

She is truly a miracle worker; she is a gentle, caring person and is very easy to have within the family. And a lot of fun!

I would not hesitate to employ Simona again for any future children and would recommend her to any parents who are looking to resolve their baBy's sleeping and eating issueS.

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