

M M A T E R N A L B B L I S S

Simona was my maternity nurse for one week when my baby was born. She really was the most amazing support that I could have wished for, giving me the confidence to look after my son Oscar once she left.

She implemented a routine which I found easy to follow which was a relief as the idea of a routine scared me before Oscar was born. The routine was fantastic as it was easy to follow, giving me various hours in the day where I was free to do my own things without having to entertain a baby.

Right from the start Oscar went to sleep at night easily and the sleepless nights and over tiredness I was expecting have not materialized! I am also planning on getting Simona back when it's time to start weaning.

I can not recommend Simona enough as she was friendly, professional and full of general baby information and tips which has been so useful. Nothing was too much trouble for her and she was great company to have around.

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