

M M A T E R N A L B B L I S S

Simona was our maternity consultant for our newborn baby, Sabrina, for a period of 6 weeks. Simona developed and implemented a fantastic routine for Sabrina whereby she is now 7 weeks old and sleeps through the night. During the day she is in a settled routine enabling my husband and I to continue our busy working lives with the confidence that we have a contented baby.

I was extremely nervous at the thought of having a live in maternity nurse as we already have a housekeeper and I was concerned our flat would feel very crowded. However Simona was a joy to have around and our baby Sabrina adores her. She was at all times extremely professional whilst at the same time becoming a good friend and a wonderful shoulder to cry on in those challenging first weeks as a mother.

I interviewed several maternity nurses but felt that Simona's specialist skills in sleep psychology and her friendly and approachable manner made her stand out from the other candidates. I truly believe that the best gift one can give your baby is the ability to fall asleep independently and happily.

Simona gave this to Sabrina and I would not hesitate to recommend her to any mother. The only difficulty you will have is letting her go at the end of her contract – you will want her to stay forever! I am looking forward to having Simona back when Sabrina reaches weaning stages.

DIANA F.
HONG KONG