

# M M A T E R N A L B B L I S S

Simona came recommended to us and we were desperate to book her as soon as we heard what a 'miracle worker' she was. Unfortunately, she was fully booked and not able to come and work with us until boy, Johnny, was 6 weeks old. So in the meantime we booked a maternity nurse to cover the first 6 weeks – a disaster! She managed to install several bad habits into him at his exceptionally young age and by the time Simona arrived we were at our wits end. The maternity nurse had set him up on a strict 4 hourly routine with no flexibility and he spent his days screaming, starving and frantic for food but we were not allowed to feed him and so had to walk around the house endlessly waiting for 'food' time. . He was generally pretty miserable and difficult. And then Simona

I have never seen anything like it! Within ten minutes of being in our house she had diagnosed the problem. She fed him immediately and he then had his first ever 'activity and fun' session! He fell in love with Simona almost overnight as she has the most amazing way with babies . She is a complete natural and we trusted her from day one as we got results from day one. Simona stayed with us for 5 days a week for 4 weeks and we have never looked back. In a very short time, she had transformed his sleeping patterns and turned him into the happiest contented baby both my mother and mother-in-law have ever seen, and that is praise indeed!

When Simona left, Johnny was 10 weeks., going to bed at 7.30pm and waking at 8am since he was 7 weeks old, with only a small 11pm feed – fantastic! He dropped his 11pm feed at 12 weeks and continues to be a smiley happy chap on a daily basis who loves his daytime naps and sleeps for 12 hours solid! He only ever cries when he is in pain, is happy to play by himself, is a good (if messy) eater and is generally very easy. When she arrived we were both very inexperienced and nervous parents and by the time she left we both had all the confidence we needed to carry on with Johnny by ourselves . She has also been great with regards to keeping in touch and is always very happy to help me alter and manage Johnnys routine as he grows and develops.

We cannot recommend Simona highly enough and this reference probably doesn't do her justice She was a joy to have around the house and fitted in immediately– she is a genuinely lovely person and a good laugh to boot, and during the early days you need to have a laugh! If you can book her it will be the best thing you can do for your baby and marriage!!

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