

M M A T E R N A L B B L I S S

Simona Arneodo worked for us to help sleep train our daughter Leela.

Throughout her time with us Simona was extremely professional, knowledgeable and sensitive to the needs of both our daughter and myself.

She handled the sleep training with ease and calmness ensuring a stressful situation, which involved control crying, did not seem too drawn out or painful.

Within a couple of days my daughter had learnt to fall a sleep on her own and became a calm and content baby. In addition, Simona correctly diagnosed Leela's eating difficulties as being due to reflux our Doctor confirmed this the following day.

By the time Simona left our daughter was sleeping through the nights, in her cot and was no longer overtired and cranky during the days.

I have no hesitation in recommending Simona to any parents. She is knowledgeable, caring and fun to have around.

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